

# WHO IS CANADIAN SAFETY TRAIN?

Canadian Safety Train Express (CSTE) specializes in delivering engaging, hands-on railway safety education to high-priority audiences across Western Canada. Our programs focus on youth and teenagers, young adults, and professional drivers. Through interactive presentations, real-world scenarios, and community-based outreach, we raise awareness about the dangers of railways and promote safe behaviors. By focusing on those most at risk, CSTE works to reduce preventable incidents and foster a stronger culture of railway safety in communities across the country.



# RAILWAY SAFETY TIPS

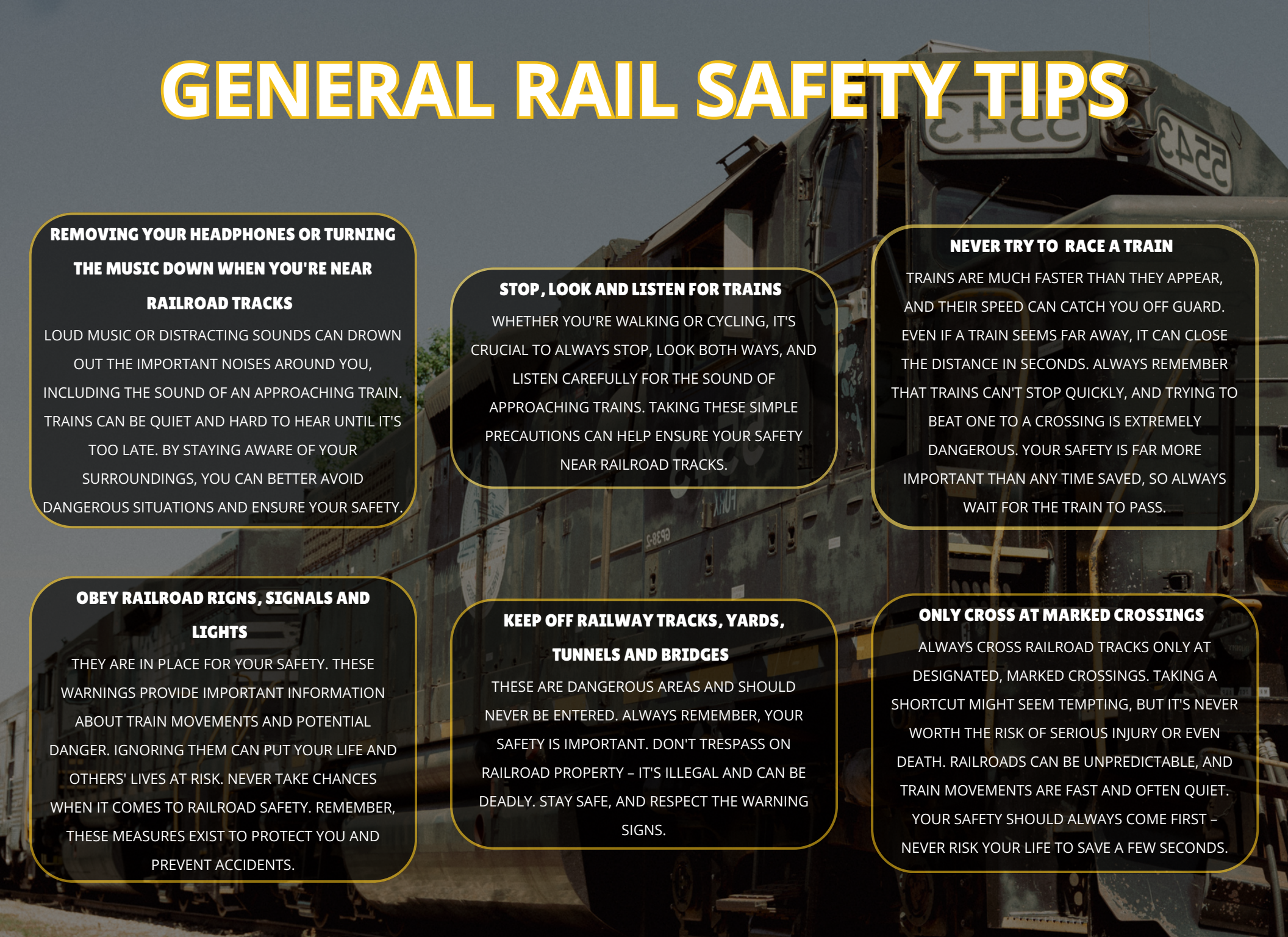
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## CANADIAN SAFETY TRAIN EXPRESS

# GENERAL RAIL SAFETY TIPS



## **REMOVING YOUR HEADPHONES OR TURNING THE MUSIC DOWN WHEN YOU'RE NEAR RAILROAD TRACKS**

LOUD MUSIC OR DISTRACTING SOUNDS CAN DROWN OUT THE IMPORTANT NOISES AROUND YOU, INCLUDING THE SOUND OF AN APPROACHING TRAIN. TRAINS CAN BE QUIET AND HARD TO HEAR UNTIL IT'S TOO LATE. BY STAYING AWARE OF YOUR SURROUNDINGS, YOU CAN BETTER AVOID DANGEROUS SITUATIONS AND ENSURE YOUR SAFETY.

## **STOP, LOOK AND LISTEN FOR TRAINS**

WHETHER YOU'RE WALKING OR CYCLING, IT'S CRUCIAL TO ALWAYS STOP, LOOK BOTH WAYS, AND LISTEN CAREFULLY FOR THE SOUND OF APPROACHING TRAINS. TAKING THESE SIMPLE PRECAUTIONS CAN HELP ENSURE YOUR SAFETY NEAR RAILROAD TRACKS.

## **NEVER TRY TO RACE A TRAIN**

TRAINS ARE MUCH FASTER THAN THEY APPEAR, AND THEIR SPEED CAN CATCH YOU OFF GUARD. EVEN IF A TRAIN SEEMS FAR AWAY, IT CAN CLOSE THE DISTANCE IN SECONDS. ALWAYS REMEMBER THAT TRAINS CAN'T STOP QUICKLY, AND TRYING TO BEAT ONE TO A CROSSING IS EXTREMELY DANGEROUS. YOUR SAFETY IS FAR MORE IMPORTANT THAN ANY TIME SAVED, SO ALWAYS WAIT FOR THE TRAIN TO PASS.

## **OBEY RAILROAD SIGNS, SIGNALS AND LIGHTS**

THEY ARE IN PLACE FOR YOUR SAFETY. THESE WARNINGS PROVIDE IMPORTANT INFORMATION ABOUT TRAIN MOVEMENTS AND POTENTIAL DANGER. IGNORING THEM CAN PUT YOUR LIFE AND OTHERS' LIVES AT RISK. NEVER TAKE CHANCES WHEN IT COMES TO RAILROAD SAFETY. REMEMBER, THESE MEASURES EXIST TO PROTECT YOU AND PREVENT ACCIDENTS.

## **KEEP OFF RAILWAY TRACKS, YARDS, TUNNELS AND BRIDGES**

THESE ARE DANGEROUS AREAS AND SHOULD NEVER BE ENTERED. ALWAYS REMEMBER, YOUR SAFETY IS IMPORTANT. DON'T TRESPASS ON RAILROAD PROPERTY – IT'S ILLEGAL AND CAN BE DEADLY. STAY SAFE, AND RESPECT THE WARNING SIGNS.

## **ONLY CROSS AT MARKED CROSSINGS**

ALWAYS CROSS RAILROAD TRACKS ONLY AT DESIGNATED, MARKED CROSSINGS. TAKING A SHORTCUT MIGHT SEEM TEMPTING, BUT IT'S NEVER WORTH THE RISK OF SERIOUS INJURY OR EVEN DEATH. RAILROADS CAN BE UNPREDICTABLE, AND TRAIN MOVEMENTS ARE FAST AND OFTEN QUIET. YOUR SAFETY SHOULD ALWAYS COME FIRST – NEVER RISK YOUR LIFE TO SAVE A FEW SECONDS.